



Pre-Requisite Information

Please note that it is the responsibility of the student to research individual chiropractic program admission requirements. Programs typically require 90 credit hours, with a minimum of 24 credit hours in life/physical sciences. Your academic advisor can discuss courses required for your major.

Biological Sciences	Courses	Required	Strongly Recommended
General Biology (1-2 sem)	MCB 150 & MCB 151 or IB 150 & IB 151	✓	
Anatomy & Physiology (1-2 sem)	MCB 244 & MCB 245 MCB 246 & MCB 247	✓	
Physical Sciences	Courses	Required	Strongly Recommended
General Chemistry (1-2 sem)	CHEM 102 & CHEM 103 CHEM 104 & CHEM 105	✓	
General Physics (1-2 sem)	PHYS 101 & PHYS 102	✓	
Statistics & Math	Courses	Required	Strongly Recommended
Statistics	STAT 100 or equivalent	✓	
Behavioral/Social Sciences/English	Courses	Required	Strongly Recommended
Psychology	PSYC 100	✓	
Complete 1-3 courses	SOC, ANTH, PHIL, etc	✓	
Composition	Composition I Advanced Comp	✓	
Health Sciences	Courses	Required	Strongly Recommended
Kinesiology	Biomechanics or Exercise Physiology	✓	



EXPERIENCES FOR CHIROPRACTIC SCHOOL

Chiropractic programs look for a variety of experiences. This is not an exhaustive list of the opportunities. Students can pursue many things to enhance their future application. It is important to have quality experiences over quantity!

Shadowing/Direct Care

- Shadow Licensed a Chiropractor
- Healthcare Volunteering
- CNA, EMT, CMA

Community Service

- Social Justice
- Get out in your campus community

Leadership

- Training & Development
- Executive Board Position

Research

- Undergraduate Research
- Summer Undergraduate Research Fellowship
- Research during gap year



YOUR TIMELINE

This is a suggested timeline only. Every student has their own path to chiropractic school. If choosing a gap year, it allows students to enhance their academics and professional/personal experiences.

Fall

MCB 150/MCB 151
Composition

Attend Quad Day, Pre-Health Kick-Off
Find RSOs to join (don't join too many!)

Spring

CHEM 102/103
STAT 100

Volunteering
Look into research opps
Summer planning-shadowing, jobs

Fall

PSYC 100
CHEM 104/105

Continue activities and/or find new ones
Shadow Chiropractor

Spring

CHEM 232
PHYS 101

Summer planning-internships, shadowing
Study Abroad

Fall

MCB 244 & MCB 245
Social Sciences

Leadership experience

Spring

MCB 246 & MCB 247

Plan for application cycle

Fall

Biomechanics or Exercise Phys

School Interviews (if applicable)

Spring

Any additional coursework

School Interviews/Decision on Offers
Consider reapplying



YOUR TIMELINE

Print this document to fill in your coursework and experiences.

Fall

Spring

Fall

Spring

Fall

Spring

Fall

Spring

TIMELINE OF APPLYING

ARE YOU READY?

First step...

Determine if you are ready to apply based on your academics (GPA, completed pre-reqs), test score, experiences and letters of rec. Do you feel like you are competitive for the programs you want to apply to?



APPLICATION OPENS

Know your dates...

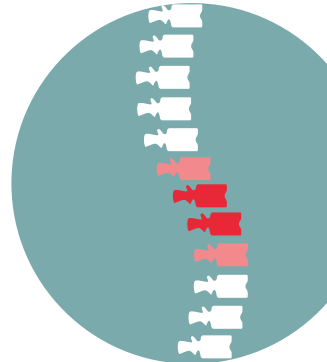
Each individual chiropractic program has their own application. Research the programs to know when their application becomes available.



WHAT DO YOU NEED TO APPLY?

Plan ahead...

It is important to know that you typically do not need letters of recommendation or your test scores to submit your application. The basic parts are: biographical info, education, personal statement, work/activities, and who your letter writers are .



SUBMIT

Start the process...

Once you submit your applications to chiropractic programs, they will review your information and wait for your letters of recommendation and transcripts to make sure you meet admission requirements. Some programs may use rolling admission. So, the sooner you apply, the sooner you will hear from them.



TIMELINE OF APPLYING

SECONDARY APPLICATIONS

Check your email...

Once you submit your initial application, some chiropractor schools may follow-up with additional questions. Make sure you communicate with the programs to understand their process.



WAITING GAME

No news, is good news...

One of the most anxious times for pre-health applicants is waiting to hear back from programs on interviews or admission decisions. Depending how long you have waited, you might be able to send an update with significant information. Otherwise, know that if you haven't been denied, then you still have an opportunity!



INTERVIEWS

Again...check your email!

Being invited for an interview means that you have met what they are looking for on paper. This is your opportunity to talk to individuals at the programs about why you are passionate about the field and that specific school. Do your research! Come prepared with your own questions! And don't forget to practice with a mock interview!

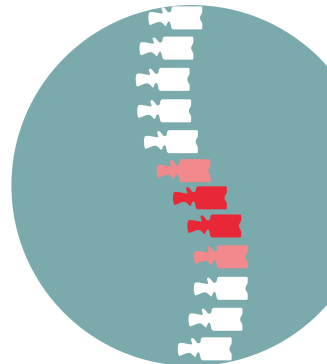


ADMISSION OFFERS

Be ready

Chiropractic programs may send admission offers within a couple of weeks of interviewing or applying. Programs usually send out decisions in batches. It is possible to receive multiple offers, but also be denied or waitlisted.

yes



TIMELINE OF APPLYING

DECISION TIME

Understand your options

If you have received an admission offer, be mindful of due dates for deposits to hold your seat. Plus, applicants need to be aware of decision deadlines. Read carefully any information programs have sent you!

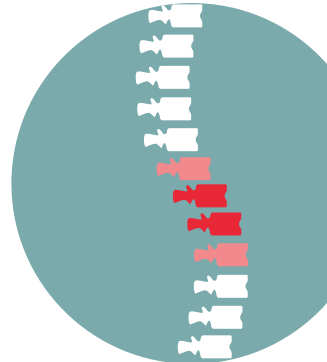
If you did not receive any offers, make sure you think about a plan B and what you need to do to reapply.



Start School

Woohoo!!

Congratulations! You have accepted an offer to a chiropractic school and are ready to start your journey to become a chiropractor.



HOW DO I GET HELP?

The Career Center

Throughout the application process, the Pre-Health Advisors are available to assist applicants...alumni too! We can discuss competitiveness, review personal statements, work/activity sections, secondary essays, school list, conduct mock interviews and walk you through the decision process. Don't hesitate to contact us, if you need help!



RESOURCES



[What is Chiropractic?](#)



[Academic Requirements](#)



[Association of Chiropractic Colleges](#)



[Find a Chiropractic School](#)



[Health Profession Advising](#)



[Personal Statement Reviews](#)



[Mock Interviews](#)